



January-March 2024 Winter Semester

We are an Affiliated School of the International Yang Family Tai Chi Chuan Association.
 Tai Chi Chuan classes follow the Yang Family curriculum.
 Contact the Instructor for more information and to pre-register.

Day/dates	Course	Code	Time	Location	Instructor	tel. no.
EVENING COURSES AT VARIOUS LOCATIONS						
BEGINNER						
Wed./Jan. 10 - Mar. 6	Introduction to Tai Chi	JGIntro	7:00-8:30	Grey Mountain School	Jo-Ann Gates	334-1873
Wed./Jan.10 - Feb. 14	Catch Your Breath	HDCYB	6:15-7:15	Elijah Smith School	Helene Dobrowolsky / Jill Johnstone	334-6460
TRADITIONAL FORM						
Thurs./Jan.11 - Mar. 7	Traditional Form, Section 2A	PBSct2A	6:00-7:15	Hidden Valley School	Pam Boyde	633-6034
Thurs./Jan.11 - Mar. 7	Traditional Form, Section 2B	PBSct2B	7:30-8:45	Hidden Valley School	Pam Boyde	633-6034
Tues./Jan. 9 - Apr. 23	Traditional Form, Section 3A	ACSct3A	6:45-7:45	Jack Hulland School	Alison Conant	335-6773
DAYTIME COURSE FOR ADULTS OF ALL AGES						
Wed./ Jan. 10-Mar. 27	Traditional Form, refinement	MMTradR	10-11:00	Heart of Riverdale	Marina McCready	335-4269
GOLDEN AGE SOCIETY COURSES FOR ADULTS 55+						
Mon/Jan 8-Mar. 25	Qigong (seniors)		10-11:00 am	Golden Age Society	various instructors	
Thurs./Jan. 11-Mar. 28	Traditional Form practice		10-11:00 am	Golden Age Society	Marina McCready	335-4269
FREE PRACTICE TIME FOR ALL TAI CHI YUKON MEMBERS						
Sat./Jan. 6 - May 13	Free drop-in tai chi practice		10 am-noon	Takhini School	various instructors	

For course descriptions, prerequisites, and other information, check our website: www.taichiyukon.com,
 email us at taichiyukon@gmail.com or call the course instructor.