



January-March 2024 Winter Semester

DRAFT SCHEDULE

We are an Affiliated School of the International Yang Family Tai Chi Chuan Association.
 Tai Chi Chuan classes follow the Yang Family curriculum.
 Contact the Instructor for more information and to pre-register.

Day/dates	Course	Code	Time	Location	Instructor	tel. no.
EVENING COURSES AT VARIOUS LOCATIONS						
BEGINNER						
Wed./Jan. 10 - Mar. 6	Introduction to Tai Chi	JGIntro	7:00-8:30	Grey Mountain School	Jo-Ann Gates	334-1873
Wed./Jan.10 - Feb. 14	Catch Your Breath	HDCYB	6:15-7:15	Elijah Smith School	Helene Dobrowolsky / Jill Johnstone	334-6460
TRADITIONAL FORM						
Thurs./Jan.11 - Mar. 7	Traditional Form, Section 2A	PBSct2A	5:00-7:15	Hidden Valley School	Pam Boyde	633-6034
Thurs./Jan.11 - Mar. 7	Traditional Form, Section 2B	PBSct2B	7:30-8:45	Hidden Valley School	Pam Boyde	633-6034
Tues./Jan. 9 - Apr. 23	Traditional Form, Section 3A	ACSct3A	6:00-7:00	Jack Hulland School	Alison Conant	335-6773
FREE PRACTICE TIME						
Sat./Jan. 13 - Feb. 24	free drop-in tai tai practice open to all TCY members		10-noon	Takhini School	various instructors	
MORNING COURSES AT VARIOUS LOCATIONS						
Mon/Jan 8-Mar. 25	Qigong (seniors)		10-11:00 am	Golden Age Centre	various instructors	
Wed./ Jan. 10-Mar. 27	Traditional Form, refinement	MMTradR	10-11:00	Heart of Riverdale	Marina McCready	335-4269
Thurs./Jan. 11-Mar. 28	Traditional Form practice (Srs.)		10-11:00 am	Golden Age Centre	Marina McCready	335-4269

For course descriptions, prerequisites, and other information, check our website: www.taichiyukon.com,
 email us at taichiyukon@gmail.com or call the course instructor.